

Resources for Teen Substance Use Common Ground Speaker Series

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Online resources

CA Department of Public Health

- *Let's Talk Cannabis:* <https://www.cdph.ca.gov/Programs/DO/letstalkcannabis/Pages/LetsTalkCannabis.aspx>
- *Cannabis and Youth:* <https://www.cdph.ca.gov/Programs/DO/letstalkcannabis/Pages/youth.aspx>

American Academy of Pediatrics

- *Information on Marijuana:* <https://www.aap.org/en-us/about-the-aap/Committees-Councils-Sections/substance-use/Pages/marijuana.aspx>

US Surgeon General

- *Report on E-cigarette Use Among Youth and Young Adults:* <https://e-cigarettes.surgeongeneral.gov>
- *Parent Tip Sheet:* https://e-cigarettes.surgeongeneral.gov/documents/SGR_ECig_ParentTipSheet_508.pdf
- *Facing Addiction in America:* <https://addiction.surgeongeneral.gov>

National Institute on Drug Abuse

- *NIDA for Teens, Drug Use and the Brain:* <https://teens.drugabuse.gov>
- *Cannabis Research Reports:* <http://www.drugabuse.gov/drugs-abuse/marijuana>

National Institute on Alcohol Abuse and Alcoholism

- *Rethinking Drinking Evaluation Tool:* <https://www.rethinkingdrinking.niaaa.nih.gov/>

Department of Health and Human Services

- *National Opioid Crisis Resources:* <https://www.hhs.gov/opioids/>

Substance Abuse and Mental Health Services Administration

- National Helpline for Treatment Referral: <https://www.samhsa.gov/find-help/national-helpline>

Books

Johann Hart. Chasing the Scream: The First and Last Days of the War on Drugs. 2016.

Barry Meier. Pain Killer: An Empire of Deceit and the Origin on America's Opioid Epidemic. 2018.

Sam Quinones. Dreamland: The True Tale of America's Opioid Epidemic. 2016.

David and Nic Sheff. High: Everything You Want to Know About Drugs, Alcohol, and Addiction. Release Jan 2019. For tween/teen readers.

David Sheff. Clean: Overcoming Addiction and Ending America's Greatest Tragedy. 2014.

Maia Szalavitz. Unbroken Brain: A Revolutionary New Way of Understanding Addiction. 2017.